

Day 1 (Diabetes) – 6 December 2018

07:30 – 08:30 Registration

Session 1	Chairs: Hanan Al Azkawi, Oman Asma Deeb, UAE	
08:30-08:50	Using human Pluripotent stem cells to Transform the Lives of Patients with Diabetes.	Sara Al-Khawaga, Qatar
08:50-09:10	From Stem Cells to Pancreatic beta cells: Therapeutic Potential and Challenges in Diabetes Treatment	Essam Abdelalim, Qatar
09:10-09:30	Novel insights in monogenic forms of type I DM	Jan Lebel, Czechia
09:30-09:40	Discussion	
09:40-10:40	Opening Ceremony *Conference Chairperson Message *The ASPED President Talk: Progress and Achievements	Aisha Al Senani, Oman Asma Deeb, UAE
	Keynote lecture: Diabetes and Technology, Towards Closed Loop System	Goran Petrovski, Qatar
10:40-11:10	Poster Exhibition (VIP) Coffee Break	

Session 2	Chairs: Hala Al Shaikh, Oman Abdel Hadi Habib, KSA	
11:10-11:30	Update in new Guidelines in Type 1 DM	Hessa Kandari, Kuwait
11:30 – 11:45	DEBATE	Ahmed Elawwa, Qatar
11:45 – 12:00	Continues Blood Glucose Monitoring Versus SMBG (Self-Monitoring of Blood Glucose)	Bassam Bin Abbas, KSA
12:00 – 12:10	Discussion	
12:10– 13:10	Lunch Break Poster Exhibition	

Session 3		
Chairs: Saif Al Yaarubi Oman Zidan Al Mezyed Kuwait		
13:10-13:30	Insulin resistance and type II in children	Francesco Chiareli, Italy
13:30-13:50	TIDM: Translation of The Research Outcome into a Family Counseling session	Ahmed Elawwa, Qatar
13:50-14:10	Monogenic Obesity in Children	Francesco Chiareli, Italy
14:10-14:20	Discussion	

Session 4		
Oral Presentation		
Chairs: Sulaiman Abusrewil, Libya Elham Al Amiri, UAE		
14:20-14:40	Monogenic Diabetes: Saudi Experience	Angham Al Mutair, KSA
14:40-15:00	Autoimmune disorders in diabetes	Amir Babiker, KSA
15:00-15:20	Type 1 Diabetes in Jordan: Facts and Challenges	Rasha Odeh, Jordan
15:20-15:40	Adolescents living with Diabetes" Bridging the gap of transition to Adult care	Nahed Jaber, Oman
15:40-16:10	Non-Insulin Therapy in Type 1 Diabetes	Adnan Al Shaikh, KSA
16:10-16:20	Discussion	

Session 5		
Meet the Expert (Parallel Session)		
Chairs: Francesco Chiareli, Italy Angham Al Mutair, KSA		Chairs: Nancy Elbarbary, Egypt Hessa Kandari, Kuwait
16:20 - 16:50	Understanding CGM reports in type 1 diabetes patients using insulin pumps	Using state-of-the-art technologies to develop new diagnostic and therapeutic tools to advance pediatrics diabetes research in Qatar
	Goran Petrovski, Qatar	Sara Al Khawaga, Qatar
16:50- 17:00	Discussion	

Session 6	Debate session	
	Chairs: Adil Al Amri, Oman Yasser Jamal, KSA	
17:00-17:30	Medical Vs Surgical Intervention of Obesity in Children and Adolescent	Abdul Hadi Habib, KSA Aayed Al Qahtani, KSA

End of Day 1

Day 2 (Endocrine) – 7 December 2018

07:30 – 08:30 Registration

Session 1	Growth & Pituitary Diseases Chairs: Mohammed Abdullah, Sudan Amal Sabt, Qatar	
08:30-09:00	Genetic testing for short stature who and how?	Jan-Maarten Wit, Netherlands
09:00- 09:20	Overgrowth syndromes in children and adults	Jan Lebel, Czechia
09:20-09:40	Genetics of Hypopituitarism	Bassam Bin Abbas, KSA
09:40-10:00	Novel treatment modalities for short children	Jan-Maarten Wit, Netherlands
10:00-10:10	Discussion	
10:10-10:40	Coffee Break/Poster Exhibition	

Session 2	Thyroid & Parathyroid Diseases Chairs: Azza Al Shidhani, Oman Bassam Bin Abbas, KSA	
10:40-11:00	Hyperthyroidism from Infancy to Adulthood	AbdulAziz Al Twaim, KSA
11:00-11:20	Parathyroid Disease in Children: common causes in Arab Region	Abdul Salam Abu Libdeh, Palestine
11:20-11:40	Thyroid Nodule in Children	Jamal Al Jubeh, UAE
11:40-12:00	Screening for Congenital Hypothyroidism	Haya Al Khayyat, Bahrain
12:00-13:20	Lunch break & Juma Prayers	

Session 3		
Puberty		
Chairs:		
Maryam Al Badi, Oman Manal Al Kindi, Oman		
13:20-13:40	Recent advance in precocious puberty	Francesco Chiarelli, Italy
13:40-14:00	Delayed Puberty Experience in UAE	Asma Jasim, UAE
14:00-14:20	Aromataze inhibitors in Pediatric Endocrinology	Jan-Maarten Wit, Netherlands
14:20-14:30	Discussion	

Session 4		
Adrenal Gland & Gonad		
Chairs:		
Amir Babkir, KSA Haya Al Khayyat, Bahrain		
14:30-14:50	Congenital Adrenal Hyperplasia Update and Outcome	Afaf Al Sageir, KSA
14:50-15:10	Clinical Approach of DSD	Ibrahim Al Alwan, KSA
15:10-15:30	The Outcome of Surgical Intervention in DSD	Yasser Jamal, KSA
15:30-15:50	Sex assignment and timing of surgery in DSD; views from ASPED practitioners.	Asma Deeb, UAE
15:50-16:00	Discussion	
16:00-16:10	Coffee break	

Session 5		
Meet the Expert (Parallel Session)		
Chairs: Ibrahim Al Alwan, KSA		Chair: AbdulAziz Al Twaim, KSA
16:10-16:40	Brain, face and hormones: interpreting Magnetic Resonance finding in children with hypopituitarism	Endocrinopathy in Thalassemia
	Jan Lebel, Czechia	Abdul Hadi Habib, KSA
16:40-16:45	Discussion	

End of Day 2

18:00-21:30 (Faculty Social Event)

Day 3 – 8 December 2018

07:30 – 08:30 Registration

Session 1		
Metabolic Bone Disease		
Chairs:		
Aisha Al Senani, Oman Fawziya Khalaf, Qatar		
08:30-08:50	Update in hypophosphatemic rickets	Zulf Mughal, UK
08:50-09:10	Hypophosphatemic rickets new modalities of treatment	Mohammed Al Dubayee, KSA
09:10-09:30	Osteogenesis Imperfecta Saudi Experience	Afah Al Sagheir, KSA
09:30-09:50	Vitamin D resistant rickets	Zulf Mughal, UK
09:50-10:00	Discussion	
10:00-10:30	Coffee Break	

Session 2		
Chairs:		
Bushra Al Jabri, Oman Maryam Al Badi, Oman		
10:30-10:50	Challenging in Management of Diabetes in Adolescent	Nancy Elbarbary, Egypt
10:50-11:10	Congenital Lipodystrophy and Leptin Treatment: Omani Experience	Saif Al Yaarubi, Oman
11:10-11:30	Interesting Case in Paediatric Endocrinology	Fahad Al Jaser, Kuwait
11:30-11:50	Familial hypercholesterolemia	Manal Al Kindi, Oman
11:50-12:10	A Challenging case from the P. Endocrinology Clinic	Hala Al Shaikh, Oman
12:10-12:20	Discussion	
12:20-13:20	Lunch Break	

Session 3		
Chairs: Saif Al Yaarubi, Oman Moza Al Yahyai, Oman		
13:20-13:40	Growth Hormone in Different Cases	Amal Sabt, Qatar
13:40-14:00	A challenging Diagnosis in Type 1 Diabetes	Maryam Al Badi, Oman
14:00-14:20	Congenital – hyperinsulinism experience from Oman	Aisha Al Senani, Oman
14:20-14:30	Discussion	

END OF THE CONFERENCE